



## Transition Planning & Community Resource List

The following information was compiled by the Green Chimneys Transition Team to equip you, our families, with convenient links to additional information. Transition planning is not something you have to tackle alone. Let's plan together. Contact your child's social worker or a member of the transition planning team today.

---

### Education & Testing

#### **NYS Department of Education Graduation Requirements**

<http://www.nysed.gov/curriculum-instruction/general-education-and-diploma-requirements>

#### **NYS Regents Exam Schedule**

<http://www.p12.nysed.gov/assessment/schedules/schedule-hs.html>

#### **ACT Test**

<http://www.act.org>

#### **SAT Exams**

<https://collegereadiness.collegeboard.org/sat>

#### **Free Application for Federal Student Aid (FAFSA)**

<https://fafsa.ed.gov/spa/fafsa>

---

### State Agencies

#### **Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR)**

[www.acces.nysed.gov/vr](http://www.acces.nysed.gov/vr)

As students move into the transitional phase of their high school years, they may be referred for further vocational services that include but are not limited to vocational assessment, career counseling, job training and placement, including potential financial supports for college.

#### **Office for People With Developmental Disabilities OPWDD**

[www.opwdd.ny.gov](http://www.opwdd.ny.gov)

OPWDD works cooperatively with local governments, voluntary organization, provider services, and person with intellectual and developmental disabilities and their families. The mission of OPWDD is for people with developmental disabilities to lead rich and fuller lives.

#### **Office of Mental Health (OMH) and County Mental Health Agencies**

[http://www.clmhd.org/contact\\_local\\_mental\\_hygiene\\_departments/](http://www.clmhd.org/contact_local_mental_hygiene_departments/)

The Mission of the New York State Office of Mental Health is to promote the mental health of all New Yorkers, with a particular focus on providing hope and recovery for adults with serious mental illness and children with serious emotional disturbances.

---

## Single Point of Access (SPOA)

SPOA is a process designed to identify, screen and assign Care Coordination and Wraparound Services to eligible high need/high risk children and youth with a serious emotional disturbance (SED) and/or behavioral disorder and their families. One can find SPOA services in their county by using NYConnects.

<https://www.nyconnects.ny.gov/>

### *Links to SPOA by County*

#### **Nassau and Suffolk County SPOA**

<http://www.spahousingli.org/>

#### **Orange County SPOA**

<https://www.orangecountygov.com/DocumentCenter/View/13796/OC-SPOA-Application-20190724-PDF>

#### **Putnam County SPOA**

<https://www.putnamcountyny.com/social-services/spoaapp/>

#### **Sullivan County SPOA**

<http://sullivanny.us/Departments/CommunityServices>

[http://webapps.co.sullivan.ny.us/DOCS/DCS/AdultSPOA\\_May\\_7\\_2013.pdf](http://webapps.co.sullivan.ny.us/DOCS/DCS/AdultSPOA_May_7_2013.pdf)

#### **Ulster County SPOA**

<https://ulstercountyny.gov/health/mental-health-department>

#### **NYC SPOA**

##### **For Wrap-Around Mental Health Services:**

<https://www1.nyc.gov/site/doh/providers/resources/mental-illness-single-point-of-access.page>

##### **For NYC Housing SPOA Services:**

**[Center for Urban Community Services](#)** currently oversees the housing referral process in NYC

<https://www.cucs.org/housing/housing-resource-center/>

---

## Independent Living Centers (ILC)

There are nonprofit agencies dedicated in providing community-based resources, advocacy, and training dedicated to improving the quality of life for people with disabilities. ILC's can help with benefits advisement, transportation, educational advocacy, transition services, trainings, employment, housing and connecting you to community resources.

<b>Hudson Valley Region</b>	
Dutchess County ILC	<a href="https://taconicresources.org/">https://taconicresources.org/</a>
Orange, Dutchess, Ulster and Sullivan Counties ILC	<a href="http://www.myindependentliving.org/services/">http://www.myindependentliving.org/services/</a>
Putnam County ILC	<a href="http://www.putnamils.org">www.putnamils.org</a>
Westchester County ILC	<a href="https://www.wilc.org/">https://www.wilc.org/</a>

<b>New York City</b>	<a href="https://www.cidny.org/">https://www.cidny.org/</a>
<b>Long Island</b>	
<b>Nassau &amp; Suffolk County</b>	<a href="http://www.theliac.org">http://www.theliac.org</a>
<b>Western Long Island</b>	<a href="https://licil.net/">https://licil.net/</a>
(Autism focused)	<a href="https://www.elija.org/about-us">https://www.elija.org/about-us</a>
<b>Eastern Long Island</b>	<a href="http://www.siloinc.org">http://www.siloinc.org</a>

---

## Additional Resources

### Guardianship and Special Needs Attorneys

Once your child reaches the age of majority (18) they will take over all responsibilities for medical, financial and legal concerns. If you have decided to pursue guardianship, or need advice on what is involved with the process, you need to work with an attorney.

NY Courts provides guardianship basics, help, resources and DIY Forms.

<http://www.nycourts.gov/courthelp/Guardianship/index.shtml>

### Parent to Parent of New York

Parent to parent support offers a parent of a person with a developmental disability or special health care needs the opportunity to be connected one-to-one with another parent who knows first-hand about the feelings and realities that come with having a family member with a disability or chronic illness. Through the one-to-one match the experienced support parent provides emotional support to the referral parent and assists finding information and resources. <http://parenttoparentnys.org/>

### WIHD SPECIAL EDUCATION TO ADULTHOOD TRANSITION CONNECTIONS

This FB group has been established as a community support network for families and individuals with IDD/ASD seeking innovative adult supports and services after high school

<https://www.facebook.com/groups/SpEd2AdultTransitionConex/>

### New York Connects

Anyone can get help with information about resources by telephone, online, or in-person. NYConnects can help link you to long term services and supports regardless of diagnosis, age or payor source. They coordinate with other agencies to guide you through eligibility processes, provide seamless linkages for any necessary assessment you may need and help with application and enrollment in public assistance benefits

<https://www.nyconnects.ny.gov/>

### Medicaid FAQ's

[https://www.health.ny.gov/health\\_care/medicaid/](https://www.health.ny.gov/health_care/medicaid/)

### Supplemental Security Income SSI Work Incentives

<https://www.ssa.gov/ssi/text-work-ussi.htm>

### If your child is applying for adult services:

- Understand your child's eligibility requirements and application procedures.
- Make sure all of your child's evaluations and records are up to date, and obtain required services evaluations to ensure a seamless transition.

- Explore your child's living options after graduation; Will they live at home, at school, in a supported living facility, or independently?
- Ensure that all future planning documents (wills, trusts, etc.) are up to date before child's 18<sup>th</sup> birthday.
- Explore adult recreational activities available to your child after graduation in order to promote independence and inclusion.
- Familiarize yourself with agencies that work with adults with disabilities such as ACCES-VR, OPWDD and OMH, Community Based Services.